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## GLAM AFRICA LOVES: SCRUBZ OF LONDON

BEAUTY by *Kehryse Vanessa Johnson* - November 22, 2018



Believe me, when I tell you, I have the softest skin! Part of that is (of course) related to genetics but the other part can 100% be attributed to Scrubz of London.

Scrubz of London is a line of handmade exfoliators that are so full of natural goodness that you can actually eat them! Available in 38 scrumptious flavours, this gentle sugar-based product can be used on the hands, feet, body and even face to remove dead skin cells, soften rough patches and clear blemishes; leaving skin looking and feeling smoother than Idris Elba fresh from a hot tub!

Exfoliation is an extremely important part of the beauty routine because it helps boost circulation and open up pores; allowing them to really breathe and to better absorb any moisture applied to the surface. Particularly in harsher climates, skin needs this additional support to fight surface toxins and to rejuvenate. The sugar granules in Scrubz are big enough to stimulate the growth of new cells but not big enough to irritate sensitive skin or cause cracks/bruising. You're going to fall in love with its consistency, its scent and its versatility. All the family will find a use for it! Whether hubby wants to soothe down after a shave or your teen wants to alleviate a breakout – Scrubz will save the day for everyone.

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### FOREO



Store your Scrubz in the fridge to preserve them longer and take them out at least 4 hours before you intend to use them. Apply a dollop at a time to damp skin in a circular motion and rinse thoroughly. It's a good idea to pay particular attention to your heels, elbows, knees and knuckles. For extra dry skin, follow with a good natural body oil (my favourite is almond) and seal with a hydrating body lotion (don't sleep on cocoa butter) in colder climates. Thereafter, simply enjoy the majestic way that your skin feels and the crazy boost to your natural glow up.

If completely new to Scrubz, Glam Africa recommends you try the cocoa or the coffee first, for that ultimate brown beauty indulgence. Go ahead and live your best life!



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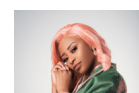
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Kehryse Vanessa Johnson

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